

Keep Those Chomperz Strong!

Brush every day and keep away tooth decay!

Week of:		S	M	T	W	T	F	S
		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
I brushed my teeth today!	AM	X	X	X	X	X	X	X
	PM	X	X	X	X	X	X	X

Parents: Give your kids a sticker for every day they brush their teeth!

Kids: Color in this page and bring it with you on your next checkup for a fun prize!



ARCH
DENTAL

